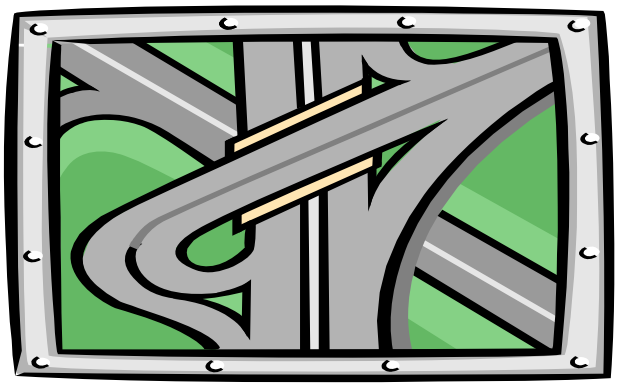
North Bay Regional Center

Nancy E.S. Gardner, Executive Director

A Day Program Booklet

To assist those who are transitioning from high school
Or post secondary school to a Day Program in
Napa or Solano County



Prepared by the Transition Unit

North Bay Regional Center

Main Phone Number:
707-256-1100

Address:
10 Executive Court
P.O. Box 3360
Napa, C A 94558

Web Site: www.nbrc.net

After Hours Emergency Line:
1-800-884-1594

My Child's CPC is:

_____

My Child's CPC's phone number is:

_____

Revised 3-06

We have prepared this booklet to assist parents, whose children are leaving high school or post secondary school, to locate an appropriate Day Program in Napa or Solano County.

Transition from one stage to another can be an exciting as well as an anxious time for students and parents. Your Client Program Coordinator (CPC) is here to help you identify the day program that will meet your needs.

Helpful Hints:

- Contact your CPC long before graduation to begin the planning process as early as possible.
- Invite your CPC to your Individual Transition Plan (ITP).
- Tour more than one day program.
- Plan visits to day programs in advance.
- Explore transportation.
- Have a second choice in case your first choice does not work out.

Some questions you may want to ask during your program visit:

- What type of goals do you set for your consumers?
- How will you assist with transition planning?
- Can you continue the goals that a consumer has been working on prior to coming into your program?
- What is your intake process like?
- What is required for a consumer to be accepted into your program?
- What type of consumers are in your program right now?
- How many staff work with your consumers?
- How many staff per consumer?
- What are the special skills of your staff and what distinguishes your program from others?
- How long have you been in business?
- What days/hrs are you open?
- Do you provide transportation?
- Do you provide lunch/snacks?
- How would you describe a typical day at this program?
- Do you provide work opportunities and or training? And how much do clients typically earn?
- What kind of outings do you provide for your consumers?
- Is your staff trained in First Aid and CPR?
- What special activities or projects do you do with your consumers?
- What kind of chores do your consumers do?

Program Types:

Community based adult day programs provide adults with developmental disabilities an opportunity to receive services in the community rather than at a developmental center. The services provided are intended to assist individuals with acquiring the skills necessary to achieve their highest level of independence. The programs and services include:

- **Activity Centers (AC):** These day programs serve adults who generally have acquired most basic self-care skills, have some ability to interact with others, are able to make their needs known, and respond to instructions. Activity center programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration and employment.
- **Adult Development Centers (ADC):** These day programs serve adults who are in the process of acquiring self-help skills and who generally need sustained support and directions to develop the ability to interact with others, to make their needs known and to respond to instructions. Adult development center programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, employment and self-care. ADC's usually have a staff to client ratio of one staff to three clients (**1:3**).
- **Behavior Management Programs (BMP):** These day programs serve adults with severe behavior disorders and /or dual diagnosis who, because of their behavior challenges, are not eligible for any other community-based day programs. Behavior programs usually have a staffing ratio of one staff to three clients (**1:3**). Plans are developed to support maximum integration in community and facility environments, with the emphasis on transitioning to a less intensive level of support.

Napa County

Napa Valley Support Services (NVSS)
650 Imperial Way, Suite 202
Napa, CA 94559
Phone: 707-253-0400
Fax: 707-253-0115
BMP 1:3 behavioral support
ADC 1:4 general support

Napa Valley Support Services (NVSS)
650 Imperial Way, Suite 202 (Temp. Address)
Napa, CA 94558
Phone: 707-253-7466
ADC 1:3 general support

Vine Village (Adult Day Care)
4059 Old Sonoma Road
Napa, CA 94559
Phone: 707-255-4006
Fax: 707-255-4116
AC

Solano County

The ARC Solano
ACT Program
3272 Sonoma Blvd., Suite 4
Vallejo, CA 94590
Phone: 707-552-2935
Fax: 707-644-6555
BMP 1:3 behavioral support

CREST (Adult Education Program)
Vallejo Unified School District
1220 Gateway Drive
Vallejo, CA 94590
Phone: 707-556-8693

Crossroads Community Options, LLC
Co-Op Program
630 Orange Drive, Suite M
Vacaville, CA 94587
Phone: 707-449-9377
ADC 1:3 general support

Different Strokes
835 Emprie Street
Fairfield, CA 95433
707-718-7400
ADC 1:3 General Support

Dungarvin California, Inc.
310 East Monte Vista Avenue
Vacaville, CA 95688
Phone: 707-449-3722
Fax: 707-449-6395
ADC 1:3 general support

I.M.P.A.C.T.
2573 Clay Bank Road, Suite 12 & 13
Fairfield, CA 94553
Phone: 707-435-1792 or 435-1796
Fax: 707-435-1913
BMP 1:3 behavioral support

Milestones Adult Development Center
#1 Florida St.
Vallejo, CA 94590
Phone: 707-644-0496
Fax: 707-644-1702
ADC 1:3 general support

Solano Diversified Services (SDS), Inc.
1767 Broadway, Suite 250
Vallejo, CA 94590
Phone: 707-552-0300
Fax: 707-552-9467
ADC 1:3 general support
BMP 1:3 behavioral support
Community Based Behavioral support 1:3

Solano Diversified Services (SDS), Inc.
1615 West Texas St. Suite 1
Fairfield, CA94533
Phone: 707-554-4325
Fax: 707-552-9467

USARC/PACE Adult Day Programs

PACE I
426 Alabama St.
Vallejo, CA 94590
Phone: 707-554-6616
Fax: 554-8497
ADC 1:3 general support
BMP Choices 1:3 behavioral support

PACE
1330 Georgia St.
Vallejo, CA 94590
Phone: 707-557-0795
Fax: 707-557-0344
ADC 1:3 general support
BMP Choices 1:3 behavioral support

PACE Benicia
425 Military East, Unit E
Benicia, CA 94510
Phone: 707-747-1761
Fax: 707-747-0753
ADC Opportunities 1:3 general support
BMP Choices 1:3 behavioral support

PACE Oliver Road
1349 Oliver Road
Fairfield, CA 94533
Phone: 707-435-9674
Fax: 707-427-0305
ADC Opportunities 1:4 general support
BMP Choices 1:3 behavioral support

PACE Suisun
258 Sunset Avenue, Suite K, L and M
Suisun, CA 94585
Phone: 707-427-1731
Fax: 707-427-3318
ADC Opportunities 1:4 general support
BMP Choices 1:3 behavioral support

PACE Winery Square
1955 West Texas, Suite 17
Fairfield, CA 94533
Phone: 707-432-5290
Fax 707-432-5292
BMP 1:3 behavioral support
ADC 1:3 general support

PACE Parkway
3777 Vaca Valley Parkway
Vacaville, CA 95688
Phone: 707-447-8811
ADC 1:3 general support
BMP 1:3 behavioral support

PACE Vacaville
2601 C Nut Tree Rd.
Vacaville, CA 95687
Phone: 707-455-3800
Fax: 707-455-3814
ADC 1:3 general support
BMP 1:3 behavioral support

Notes