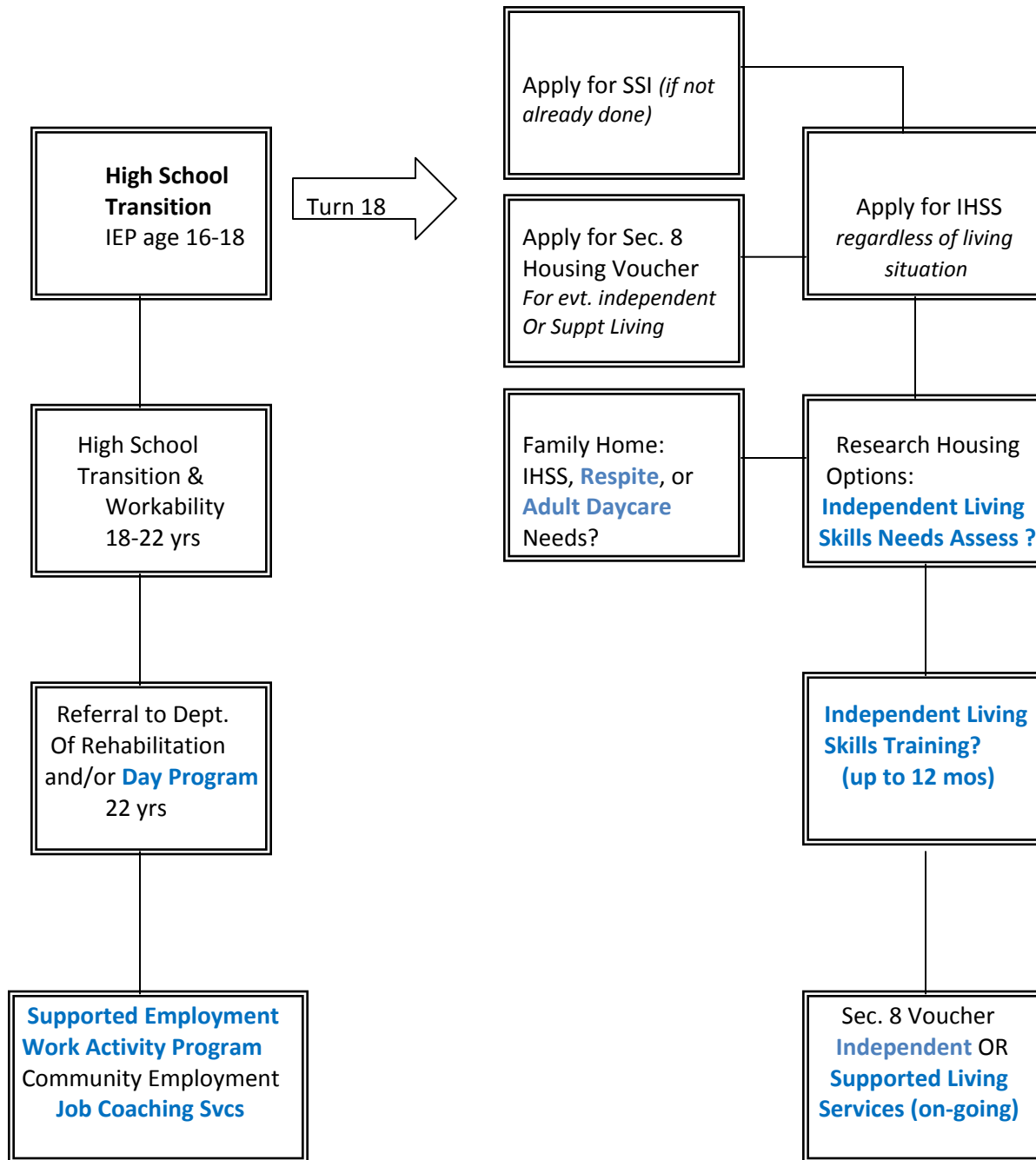


## North Bay Regional Center: Transitioning to Adulthood

*When your child turns 16, begin planning for transition at your school with your Transition IEP; invite your child's Client Program Coordinator to begin working with NBRC on transition options.*

What NBRC and your Client Program Coordinator can do to support you:

1. Support consumers with applying for Social Security Benefits: Supplemental Security Income (SSI), Title II Benefits ( Disabled Adult Child), & Medi-Cal
2. Support consumers with applying for In Home Support Services (IHSS)
3. Support consumers with applying for Section 8 Housing vouchers using North Bay Housing Coalition if interested in eventual independent living (*at least 3 year waiting list*)
4. Assist consumers in referrals to Department of Rehabilitation for community employment opportunities once education is completed
5. Provide consumers and families with resource information regarding agencies that provide supported employment and work activity services (*once job has been secured and stabilized, NBRC can pay for job coaching services if needed to maintain employment*)
6. Provide consumers and families with housing options information: board and care homes, Mentor Homes, independent living services, supported living services (*NBRC may supplement service & staffing costs beyond what consumer's Social Security benefits may cover, if needed. Consumers must apply for IHSS and NBRC cannot subsidize rent.*)
7. Provide consumers and families with Adult Day Program information so they can select an appropriate program (*NBRC may pay for Day Program services if needed.*)
8. On-going services and supports: NBRC Client Program Coordinators will continue to monitor consumer's service needs and develop new plans and service supports as individual needs change.
  - a. Consumers receiving residential services, e.g., board and care homes, supported living services, or independent living services, will be visited quarterly by their Client Program Coordinator to monitor services and respond to needs changes.
  - b. Consumers in Day Programs will be visited at least annually at their day programs to monitor services and respond to service need changes.
  - c. On-going service assessments will be conducted and NBRC may respond by developing supports such as behavioral plans, short-term intensive staffing, mobility training, nutritional training, Wellness Team staffing with NBRC clinical support, etc as defined by service needs assessments.



Services listed in **BLUE BOLD** may be purchased by NBRC, based on individual assessments and consumer needs.